

RANCHO CACACHILAS

PACKING LIST

CLOTHING

Rancho Cacachilas is located in a region of dry forest, so the climate can vary from day to night, due to the elevation of 4,000 feet above sea level. We recommend that you consult the weather report one week before packing.

It can be quite hot during the day and at night feel much cooler. You don't need a lot of clothes just variety to be able to dress in layers.

- Underwear
- Swim suit
- Shorts
- Short sleeve shirts
- Long sleeve shirts
- Active wear (leggings, pants, shorts, t-shirts, etc. for activity time)
- Fleece (Nov.-April)
- Insulated jacket (Dec.-February)
- Windbreaker or rain jacket (Nov.-early April)
- Sun hat or cap
- Bandana or buff
- Pajamas
- Good hiking socks
wool socks are recommended for year-round use
- Hiking boots or shoes
We suggest the ankle supporting type but if you are more comfortable with other styles
- Flip flops for around camp or other comfortable shoes
- Gloves if your hands get cold (Dec.-February)
- Beanie (Dec.-February)
- Scarf or pashmina (Dec.-March)
- Quick drying towel (Due to limited water on the ranches, we provide very thin towels)



GEAR



- A day pack with a hydration pack or fanny pack are great for quick access to water, your lip balm, sunscreen, Kleenex, etc.
- Trekking poles if you use them. We have artisanal hiking poles to lend though!
- 1 Lt. (32oz) Reusable water bottle (our team is working hard to reduce single-use plastic, if you like we can refill your bottle any time)
- Headlamp. Be sure to include your batteries
- Cellphone or camera with extra batteries and memory cards
- Binoculars if you want to bird watch along the way (this is winter range for a large number of species, so be sure and check our website (www.ranhocacachilas.com) for more info
- Extra battery pack with needed cables for extra-long activity days
- Reading book or e-reader
- Sun glasses with leash
- Prescription glasses if needed or contact lenses with enough cleaning solution
- Notebook, pencil or small watercolor set if you like journaling
- Specialized gear for mountain biking tours (MTB shoes, helmet, gloves, knee and elbow pads and/or other protection equipment*)

*MTB rental at the ranch includes helmet and air pump. Reservation required.

MISCELLANEOUS & TOILETRIES

At Rancho Cacachilas the water is limited as we depend on hurricanes to fill our aquifers. Our showers are bucket showers with solar-heated water. All the water we use is returned to our land.

- Biodegradable shampoo and conditioner
- Biodegradable soap
- Biodegradable insect repellent
- Deodorant
- Toothbrush and biodegradable toothpaste
- Hand cream
- Kleenex
- Reef safe sunscreen
- Lip Balm
- Hair brush
- Go girl or similar (for women, optional)
- Diva cup or similar (for women, optional)
- Snacks - we provide healthy, homemade snacks but if you prefer a specific brand, you are welcome to bring them!



PERSONAL MEDICATIONS

Please ensure that you bring enough medications for your entire trip. If you are in need of something, you can get a prescription at any doctor's office in La Paz or Cabo before your trip. There is a chain of drug stores called "Farmacias Similares" and most of them have a doctor on site that can write you a prescription. Rancho Cacachilas cannot provide medication for guests.

- Personal medications
- Mini first aid kit
- Basic traveler's medication
- Epi pen if you have any allergies

INCLUDED IN YOUR ACCOMMODATION

PALAPA CASITAS:

- King sized bed / 2 twin sized beds
- Screens and screen doors
- Nightstand
- Dresser
- Vanity mirror
- Clean towels
- Bench
- Terrace with chairs and coffee table

RANCH FAMILY SUITES:

- Queen sized bed
- Bunk beds
- Screens
- Nightstand
- Dresser
- Vanity mirror
- Clean towels
- Terrace with chairs and coffee table
- Roof Lounge

**THE RANCHO CACACHILAS TEAM
LOOKS FORWARD TO YOUR VISIT!**